



ALLOSTATIX™

GOVERNMENT SERVICES

Allostatix provides an effective, state-of-the-art early warning system for the prediction and treatment of stress-related disorders, such as PTSD, and syndromes suffered by active duty military personnel and veterans.

Allostatix is the creator of the Allostatix Load Test™, the first scientific health measurement tool to predict health trajectory and the likelihood of illness over three to five years.

Headquartered in Cincinnati, Ohio, Allostatix employs a scientifically proven blood and biometric test based on 25 years of medical research to calculate an individual's personal Allostatix Load™ and deliver a health status report with recommendations for improvement.

Allostatix technology, which represents the first scientific health measurement tool to predict health trajectory and the likelihood of illness over three to five years, can help soldiers, veterans and their families understand how their day-to-day encounters, lifestyle habits and coping strategies impact whole body health and how likely they are in the near future to experience illnesses and declining health.

Allostatix has developed the Allostatix Load Test™ a unique, predictive test to measure the allostatic load of service men and women and their spouses. We are ready to implement this test now and fully prepared to work with the DOD and VA to implement a multiyear study on the allostatic load of service members before, during and after basic training and deployment.

Using this cutting edge diagnostic test to identify individuals early, particularly those who might be asymptomatic at present but on a negative trajectory, will allow the DOD and VA to engage these individuals in the correct interventions to avoid illness and death.

ALLOSTATIX LOAD TEST™

Allostatix Load™ is based on the medical concept of allostasis, which considers how our body systems adjust to the stress "wear and tear" the body experiences every day. Allostasis provides a way to view all of the major body systems and how they strongly interact together to combat stress. The longer the physiological response to stress stays "turned on," the less time the body has to reset, resulting in rapid build-up and damage to the body's systems and individual health.

Allostatix's science and medical staff have combined allostasis data from a large number of national and international research studies with blood and biometric measurements to design a unique and proprietary system that actually predicts future health.

The results of this test are presented in a personal HSTAT™ (Health Status) Report. The HSTAT™ Report provides an actionable measurement of an individual's Allostatix Load™ score, along with simple recommendations for improving health and how to take advantage of existing wellness programs. An aggregate report, based on de-identified population information, is also prepared for departmental or divisional heads.

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